

is pleased to offer a complete course of training leading to certification as a

Certified Nursing Assistant

- Two-week course includes seven full days of classroom training and two days of hands-on clinical practice.
- Class is taught by experienced Saad Healthcare nursing professionals.
- Upon graduation, students are eligible to take the Alabama CNA exam, which is administered at Saad's classroom facility.
- Employment opportunities are widely available for CNA graduates.
- A new class forms every two weeks, with 24 students per class.

Tuition: \$375 (textbook to be purchased separately; testing fee is additional \$100)



Saad's CNA training is structured to allow students to understand and address the needs of the whole patient, while promoting independence and self-care. Specific topics of instruction include:

- *The role of the nursing assistant in health care, including communication skills, documentation, and ethical and legal responsibilities, as well as medical terminology.*
- *Basic knowledge and skills, such as infection control, the Heimlich Maneuver, psychosocial needs, body mechanics, accident prevention, environmental safety, and emergency and disaster situations.*
- *Essential nursing care knowledge and skills, including basic anatomy and physiology, the disease process, body systems, measuring vital signs, positioning and transfers, and admission and discharge procedures.*
- *Restorative care and rehabilitation.*
- *Specialized job skills and abilities, working with the elderly, working with cognitively impaired patients, death, dying, and post-mortem care.*

For more information, call 343-9600.